

MULTI COMPONENT APPROACH

SRHR ALLIANCE KENYA

Multi Component Approach (MCA) is an approach with an increased focus on integrated and coordinated programs that intervene in multiple community settings at the same time and involve policy and system changes. MCA a principle in all Alliance programmes has involved employing a variety of methodologically distinct approaches to address SRHR. This is appreciated with an underlying assumption that recognizes that the complexity of the youth SRHR is best addressed by a variety of components rather than just one. The program strives to link three aspects of SRHR program through the provision of comprehensive sexuality education and information, the provision of quality, youth-friendly SRH services and lastly building support for youth SRHR, by addressing socio-cultural and political barriers in terms of practices, norms and policies.



The link with the three aspects of SRHR programming is the demand and supply. The support will be operationalized in the following ways:

- **Increasing demand for access and quality of SRHR education:** Through the provision of in- and out-of-school SRHR education. The programme empowers young people to make healthy and well-informed decisions. By providing SRHR education the demand for services by young people will grow, and as such the demand for youth friendly SRH services will increase.
- **Increasing the supply /access and quality of SRH Services:** The programme strengthens the provision of quality public and private SRH services (accessible, acceptable and affordable for young people) to meet the increased demand. By strengthening the provision of services the supply increases.
- **Supporting youth SRHR by creating an enabling environment for SRHR realization, within and outside communities and through lobby and advocacy:** Community sensitization, participation and mobilization activities are implemented to create an environment that accepts adolescent SRHR and increases community support for sexuality education and youth-friendly SRH services.

STRATEGIES

- Youth peer providers and community health volunteers (CHV) who seek out young people with services, information and education. The YPP and CHV also supply some commodities and make referrals to service providers.
- Health outreach activities that combine awareness raising, information and service provision with the involvement of leaders (Community, religious leaders and youth influencers) which is expected to increase the acceptance by the community of provision and use of SRHR information and services. The combined provision of information and services should enable young people directly and easily access services.
- Multiple channels (including E&M) to increase access to SRHR information and services to young people; leveraging on technology and exploring digital online interventions to reach more young people, policy makers and other targeted audiences.
- Peer educators for in and out of school programs supported by community health volunteers in provision of SRHR and referral of services.
- Collaboration of peer educators and CHV with official health officers and community leaders to increase the status young people's SRHR and acceptance of their work by the community.
- Awareness raising and capacity building of health providers which contributes to supportive Youth Friendly SRHR services and addressing socio, legal and political factors through advocacy.

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